

The natural beauty of the West is nearly unmatched. From dense forest, gorges, volcanoes and rivers that meet the sea in the north to the sun, surf beaches, spectacular national parks, bleak desert and heat of the South. It's no surprise that adventure and outdoor activities abound. And, don't forget the urban life in Los Angeles, San Francisco, Vancouver and Seattle. Hop in a car, jump on a bus, do whatever it takes to see it all!



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POPULAR ROUTES

LA to Vegas via Flagstaff (5hrs), Grand Canyon (1.5hrs), Bryce (6hrs), Zion (2hrs) & Vegas (2.5hrs)

LA to San Fran via Santa Barbara (1.5hrs), Big Sur (5hrs), Monterey (1hr), Santa Cruz (45mins) & San Francisco (2hrs)

San Fran to Vancouver via Portland (10hrs), Seattle (3hrs) & Vancouver (3hrs)

Vancouver to Calgary via Whistler (2hrs), Kamloops (6.5hrs), Revelstoke (4hrs), Banff (4hrs) & Calgary (1.5hrs)

San Fran to Salt Lake City via Lake Tahoe (2.5hrs) & Salt Lake City (5hrs)

CLIMATE F°(C°)

(average high temps in summer & winter)

Los Angeles summer 75°(24°) winter 60°(16°)

Las Vegas summer 101°(38°) winter 58°(14°)

San Francisco summer 64°(18°) winter 52°(11°)

San Diego summer 74°(23°) winter 65°(18°)

Waikiki summer 88°(31°) winter 81°(27°)

Santa Barbara summer 77°(25°) winter 64°(18°)

Vancouver summer 72°(22°) winter 43°(6°)

Seattle summer 65°(18°) winter 43°(6°)

Portland summer 76°(24°) winter 46°(8°)

Victoria summer 74°(23°) winter 44°(7°)

Banff summer 70°(22°) winter 30°(0°)

FEATURED HOSTELS (see page 96 for key to hostel icons)

Seaside, Oregon

Miles of white sandy beaches, boardwalks and salt water taffy. Seaside is off Coast Highway 101, 1.5 hours from Portland. Check out the National Wild and Scenic Tillamook Head Trail from Seaside to Cannon Beach.

HI - Seaside

930 N. Holliday Drive, *Seaside*

(503) 738-7911 (📍 on map pg 6)

www.2oregonhostels.com

On the spectacular Oregon Coast!

Near beach, on river, canoes, espresso bar, free movies. Hike the National Beach Trail!



Olympic Nat'l Park, Washington

The peaks, glaciers and rainforests of Olympic National Park are well worth the visit. The main visitor center is just outside the park in Port Angeles.

HI - Olympic Port Townsend

Fort Worden State Park, *Port Townsend*

888.GO.HIUSA (📍 on map pg 6)

www.hiusa.org

NW of Seattle on the Olympic Peninsula.

The hostel is in Fort Worden State Park near historic Port Townsend and Olympic National Park.



Salt Lake City, Utah

Just because Salt Lake City is located in Utah, home of the Mormons and 3.5% beer, doesn't mean you can't have fun. Great skiing, private club permits for drinking.

The Avenues Hostel

107 F Street, *Salt Lake City*

(801) 359-3855 (📍 on map pg 6)

www.saltlakehostel.com

The best in town! Close to major attractions, Temple Square, Visitor Center. Nice neighborhood, on Bus Line. Dorm beds \$14/nt, Prv Rooms starting @ \$25/nt. No curfews or lock-outs, Home like environment.



Boulder, Colorado

Nationally known as one of the best American cities to live in, Boulder is a vibrant college town that pulses with youthful energy and basks in a phenomenal location at the foot of the Rocky Mountains.

Boulder Int'l Hostel

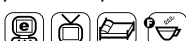
1107 12th Street

(303) 442-0522 (📍 on map pg 6)

www.boulderhostel.com

In historic University Hill District.

Walk to CU-Boulder & Naropa Institute. Excellent public transportation. Open 8am-11pm daily.



Austin, Texas

Austin is known as the "Live Music Capital of the World," boasting over 100 venues offering a nightly range of music from blues to jazz. The happening part of town is 6th Street for nightlife but also check out the University of Texas campus and the capitol complex.

HI - Austin

2200 S. Lakeshore Blvd., *Austin*

(512) 444-2294 (📍 on map pg 6)

www.hiaustin.org

Beautiful location looking out on Town Lake. We offer bike rentals & canoe rentals for only \$10/day.

Close to downtown & Austin's funky music venues & night life!



Penticton, BC

Located in the Okanagan Valley, about 5 hours from Vancouver, and famous for hot, sunny weather, beautiful lakes and mountains, and festivals.

HI - Penticton

464 Ellis Street, *Penticton*

(250) 492-3992

www.hihostels.ca

Eco-friendly hostel in central location. Close to beach, outdoor patio/BBQ, bike rentals/storage/tools, tours, multi-day packages, laundry, library, 24hr access.



Powell River, British Columbia

Located on the Sunshine Coast of mainland BC, where the mountains, lakes and oceans meet, this vibrant coastal town is 88 miles or about 5 hours north of Vancouver via car and two ferries or a 1.5 hour ferry ride from Vancouver Island.

Powell River

Harbour Guesthouse

4454 Willingdon Avenue

(604) 485-9803 (📍 on map pg 6)

www.powellriverhostel.com

Welcome Travellers! The Harbour Guesthouse offers exceptional hostel accommodation with gorgeous ocean views, in the heart of beautiful Powell River.



Calgary, Alberta

Calgary, the capital city of Alberta, is a relatively modern city. Most of the downtown was built in the last 25 years. But Calgary is still a frontier town, surrounded by cattle lands, farms and the Rocky Mountains. Don't miss the world-famous Calgary Stampede held every July.

Auberge Chez nous Backpackers

149 5th Avenue SE #201

(403) 232-5475 (📍 on map pg 6)

www.auberge-cheznous.com

Safe downtown location. No bunk beds. Steps from shopping area, museum, C-Train, US Consulate. Private storage cabinet. Kitchenette.



HI - Calgary City Centre

520 7th Avenue SE

(403) 670-7580 (📍 on map pg 6)

www.hihostels.ca

Convenient downtown location. Shared & private rooms, kitchen, lounge, games & tv room, bike storage & laundry.

